

Statement of Acceptable Use of Internet and Social Media

Scottish Karate Council understands the importance of online communication for children's and vulnerable people's development. However, we also recognise that relevant safeguards need to be put in place to ensure children and vulnerable people remain safe while online or using social media.

We ask that all parents, guardians, and carers spend a few minutes to read through and discuss it with their child or other vulnerable person, then sign and return this form to us.

*Agreement of child or vulnerable person

1. I will be responsible while using my phone, tablet or other device at any Scottish Karate Council dojo, or other venue, including for the content I access while doing so.
2. I will not deliberately create, browse for, or access material that could be considered offensive or illegal. If I accidentally come across any such material, I will report this to the senior member of Scottish Karate Council staff available at the time.
3. I will not use any social media or other messaging platform to send anyone material that could be considered abusive, threatening, offensive, upsetting, bullying or that is sexual in nature or otherwise inappropriate or illegal.
4. I understand that I should only use Scottish Karate Council's official social media, website, or prescribed communication channels to contact them and should not seek out individual members of staff or coaches, unless agreed and pre-authorised by the senior team, and only then in relation to specifically designated reasons.
5. I understand that all my use of internet and social media is potentially visible to everyone and that any issues involving my behaviour online may be addressed by either the most senior member of Scottish Karate Council staff available at the time, or subsequently the most appropriate for the given circumstances.
6. I will not give out any of my personal information, including my name, age, address, phone number, email address (or that of anyone else), online.
7. I will not share my passwords with anyone else.
8. I will not arrange to meet anyone that I meet or have met online unless accompanied by an appropriate adult, i.e., a member of staff, parent, guardian, or carer.
9. I understand that these rules are to keep me safe, and if they are not followed, I may be placing myself in danger, and that my parents, guardian, or carer may be contacted.
10. I will avoid using my mobile phone during activities as I understand that it will have an impact on my safety and my opportunity to learn and achieve.
11. I am aware that if I am experiencing any form of bullying or abuse online, I can contact the Scottish Karate Council Safeguarding Officer, to discuss or report it.
12. I know I can contact **Childline** on **0800 11 11** or **Children 1st** on **0800 28 22 33** if I have any worries about something I've seen or experienced online.

Declaration – parent, guardian, or carer

(print child or vulnerable person's name)

We have discussed this statement and
 agrees to support the safe use of the internet and social media while at any
 Scottish Karate Council venue, event, or other activity.

Signature	x
Print name	
Date signed	

Declaration – child or vulnerable person

Signature	x
Print name	
Date signed	

* It is good practice to continuously review social media policies due to the rate at which technology advances. Obtain feedback from young people to ensure the language and tone used in these policies is appropriate.